Aberdeen Cash First Project

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Aberdeen Cash First Network

Single males aged 18-45

In receipt of Universal Credit

Residents of Aberdeen City

Have no full-time dependants

Accessing foodbanks

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Lived Experience Co-Design

1. Cost of living

2. Debt

3. Employment

4. Benefits

Identification of:

Key challenges faced by the demographic

Reasons for foodbank use

Challenges accessing foodbanks

Barriers to accessing wrap-around support

Reasons for engagement with

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Flexible Crisis Fund

Individuals can be referred through the trusted partner organisations who are involved with the Cash First Network.

Up to £600

One-off or recurring payments

Vouchers, cash payments
or direct payments

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Cash First Impact

Since launch of the Cash First Flexible Crisis Fund to 31st of March 2026;

94% decrease in food bank use

6% are using foodbanks the same amount

0% increase in foodbank use

76% of recipients have not returned to a food bank

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What's Next?

City-wide Cash First expansion project

Integrate Cash First initiatives

Address the wider pressures on foodbanks

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Stories from Cash First Aberdeen

Find out more at
cashfirstaberdeen.scot

